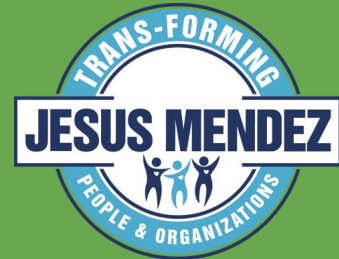


# Facilitation Techniques through practice

Part of the  
Agility Enabler  
Journey  
Learning Path



# Description

The **Facilitation Techniques through practice workshop** has been designed to help you learn/improve through practicing, different foundational facilitation techniques to enhance your innate abilities to design, hold, bring closure and follow up with meetings in an effective fashion.



# Objective

- Provide you several techniques to help you through practicing with:
  - Designing
  - Beginning
  - Norming
  - Maintaining
  - Bringing closure
  - and follow through any group session for small size groups (2 to 9 people).

# Learning Outcomes

- Some guiding principles and values to leverage from both Lean and Agile approaches to improve your projects and the organization.
- The Principles of Lean Thinking and Modern Agile and how do they work in action.
- Two different ways to increase flow:
  - The Agile most popular framework - Scrum (Playing with Balls)
  - The Kanban method (FeatureBan)
- The different types of waste and some common practices to reduce them



# Prerequisites

## Is this the right training for me?

The most important conditions to get the best out of the **Facilitation techniques through practice workshop** are:

- You are courageous enough to guide a group of people through a given process within a limited period of time.
- You enjoy active listening other people stories.
- You are passionate about helping groups of people.
- You are passionate and enjoy connecting with people.
- You're willing to put the required time to practice, practice and practice, because it will take time!
- You believe people's capacity to effectively communicate, given the proper conditions.
- You are willing to build great containers for others that would bring the content.

This training is intended for:

- Anybody willing to learn different techniques to facilitate groups and do it effectively.



Take advantage of the  
**Lean-Agile practices** at  
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Building the future  
generation of  
Agility Enablers.