

# Lean-Agile through practice

Part of the  
Agility Enablers  
Journey  
Learning Path



# Description

The **Lean-Agile through practice workshop** has been designed to help people in organizations learn through practicing, different ways to implement Lean-Agile practices at the workplace. It would also help you understand what it means shifting to a culture powered by self-organizing teams composed by motivated people who deliver value iteratively to delighted and extremely satisfied customers, through a continuous improvement mindset, where inspecting, adapting, making things visible, learning by experimenting and making people awesome has become the ADN of the enterprise. This 1 day workshop, will provide you with practical exercises, tools, tips and tricks to help you help your people start adopting a Lean-Agile mindset.



# Objectives

- Understand and apply the principles of Lean-Agile
- Be able to recognize the different types of Lean wastes and ways to reduce them.
- Understand and apply the basics of Agility and Kanban to create a high-performing environment
- Understand and apply the basics of Scrum to delight customers and deliver great products



# Learning Outcomes

- Some guiding principles and values to leverage from both Lean and Agile approaches to improve your projects and the organization.
- The Principles of Lean Thinking and Modern Agile and how do they work in action.
- Two different ways to increase flow:
  - The Agile most popular framework - Scrum (Playing with Balls)
  - The Kanban method (FeatureBan)
- The different types of waste and some common practices to reduce them



# Prerequisites

## Is this the right training for me?

The most important conditions to get the best out of the **Lean-Agile through practice workshop** are:

- Having a need to improve at what your organization does.

This training is intended for:

- Delivery teams
- Project leaders
- Scrum Masters
- Process engineers
- Team managers

And anybody involved in an organization willing to learn a different way to help organizations survive and thrive the current economic global context.



Take advantage of the  
**Lean-Agile practices** at  
the Enterprise



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Building the next  
generations of  
Agility Enablers